**Stoma Support Group**

**ACT AND DISTRICTS STOMA ASSOCIATION would like to invite you to attend a support group for ostomates, and their families, to meet, obtain peer support and have a cuppa and some morning tea.**

**Where – Act & Districts Stoma Association**

**{the old stoma association room}**

**2nd Floor, City Health Building**

**1 Moore St, (Cnr Moore & Alinga ST)**

**Canberra**

**When – Tuesday 11th April 2023**

**Next ;**

* **Tuesday 9th May**
* **Tuesday 11th July**
* **Tuesday 12th September**
* **Tuesday 14th November**

**Time - 10am – 12pm**

**Close to public transport.**

**Everyone is welcome but must be COVID vaccinated to attend.**

**RSVP for this meeting is required**

**Contact – Geoff Rhodes {ostomate happy to chat with you} on 0416 206 871 or email** [**stoma@actstoma.net.au**](mailto:stoma@actstoma.net.au) **to RSVP.**

**\*CLINICAL ADVICE CANNOT BE GIVEN, PLEASE CONTACT YOUR STOMAL THERAPY NURSE.**