**Stoma Support Group**

**ACT AND DISTRICTS STOMA ASSOCIATION would like to invite you to attend a support group for ostomates, and their families, to meet, obtain peer support and have a cuppa and biscuit.**

**Where – Act & Districts Stoma Association**

**Training Room Two**

**1st Floor, City Health Building**

**1 Moore St, (Cnr Moore & Alinga ST)**

**Canberra**

**Dates - 2025**

* **Thursday 21st August**
* **Thursday 16th October**

**Time: 11am – 1pm**

**Close to public transport.**

**Contact – Geoff Rhodes (ostomate happy to chat with you) on 0416 206 871**

**\*On the occasions a Stomal Therapy Nurse is in attendance, advice provided will be of a general nature. For personal consultations please book through community health intake for an appointment. 51249977.**