



Stoma Support Group

ACT AND DISTRICTS STOMA ASSOCIATION would like to invite you to attend a support group for ostomates, and their families, to meet, obtain peer support and have a cuppa and biscuit.

Where – Act & Districts Stoma Association

Training Room Two
1st Floor, City Health Building
1 Moore St, (Cnr Moore & Alinga ST)
Canberra

Dates - 2026

- Thursday, Feb 19th
- Thursday, April 16th
- Thursday, June 18th
- Thursday, August 20th
- Thursday, Oct 15th

Time: 11am – 1pm

Close to public transport.

RSVP for this meeting is required



Contact – Geoff Rhodes (ostomate happy to chat with you) on 0416 206 871 or email stoma@actstoma.net.au to RSVP.

***On the occasions a Stomal Therapy Nurse is in attendance, advice provided will be of a general nature. For personal consultations please book through community health intake for an appointment. 51249977.**